

# 16

# WEEK FITNESS CHALLENGE

February 1<sup>st</sup> – May 24<sup>th</sup>



**Join the 16 week challenge and improve your fitness, lose weight, and take control of your health!**

**Registration: \$75.00**

- \* **All participants will receive Fit in You Branded Workout Pants!**
- \* **Grand Prize of \$500 CASH to Winner!**

## **Contest Rules:**

- *Based on point system set by The Fit in You*
- *Calculated by individual percentage of weight loss*
- *Contact Emmy at The Fit in You for Official Rules*

**For More Information & to sign up contact Emmy at:**

[emmy@thefitinyou.net](mailto:emmy@thefitinyou.net) OR 651-398-8044

[www.thefitinyou.net](http://www.thefitinyou.net)



16

# WEEK FITNESS CHALLENGE

February 1<sup>st</sup> – May 24<sup>th</sup>



Early Bird Registration: \$50.00 by January 1<sup>st</sup>  
After January 1<sup>st</sup> entry is \$75

- \* All participants will receive Fit in You Branded Workout Pants!
- \* Grand Prize of \$500 CASH to Winner!

For More Information & to sign up contact Emmy at:

[emmy@thefitinyou.net](mailto:emmy@thefitinyou.net) OR 651-398-8044

[www.thefitinyou.net](http://www.thefitinyou.net)

16

# WEEK FITNESS CHALLENGE

February 1<sup>st</sup> – May 24<sup>th</sup>



Early Bird Registration: \$50.00 by January 1<sup>st</sup>  
After January 1<sup>st</sup> entry is \$75

- \* All participants will receive Fit in You Branded Workout Pants!
- \* Grand Prize of \$500 CASH to Winner!

For More Information & to sign up contact Emmy at:

[emmy@thefitinyou.net](mailto:emmy@thefitinyou.net) OR 651-398-8044

[www.thefitinyou.net](http://www.thefitinyou.net)